



**Dayspring Foundation transforms addiction recovery, elevates the community, promotes wellness, and supports the social determinants of health.**

Dayspring Foundation is determined to educate, build bridges, and strengthen the connections within the recovery ecosystem: from harm reduction and housing, from detox to detention, from residential treatment to recovery services, from prevention to peers, from the workforce to a liveable wage.

We do this by striving to address the social determinants of health – *those (sometimes unacknowledged) nonmedical factors that influence positive recovery outcomes*. We know that left unaddressed, these determinants become barriers to healing and recovery opportunities for all those impacted by addiction. And addiction left untreated ripples out in negative ways to every segment of our communities.

Dayspring Foundation is about **Connection** and **Community**. We connect people to the spectrum of recovery services so that a life of fulfillment, joy, and giving back becomes the standard of wellness for our community.

Within the ecosystem of addiction recovery, addressing the social determinants of health is about connecting all the variables within the recovery continuum of care – treatment, housing, transportation, childcare, employment at a liveable wage, and equal access to quality healthcare (including the recovery continuum of care) – to safeguard recovery and prevent relapses, systemic inequality, and death.

**Dayspring Foundation elevates** – we raise and lift those burdened by addiction and despair.

**Dayspring Foundation promotes** – we educate and encourage so that recovery thrives in and around our communities.

**Dayspring Foundation supports** – we seek to be the foundation for recovery and wellness for individuals, organizations, and communities.

**Dayspring Foundation transforms** – we seek to change the composition and structure of those barriers that prevent healing and perpetuate stigma.

### **Services Overview**

Dayspring Foundation is a non-profit organization that focuses on addiction recovery and addressing social determinants of health in Western North Carolina. We provide care navigation and peer recovery services to help positively impact a person's recovery



capital and support their social determinants of health by providing up to nine months of financial assistance that is accompanied by Peer Recovery Support services.

### **Who We Are**

We are a staff of four but will expand to six by the Summer 2024. Our staff are all called Care Navigators. Our Care Navigators are people in recovery who are trained as either Certified Alcohol and Drug Counselors or Certified Peer Recovery Specialists who do case management and care coordination for people in early recovery, people who are transitioning out of residential or intensive outpatient services, or people who are in an aftercare/continuing care program. You do not have to be sober to work with us, but you do have to be connected to some form of recovery and/or harm reduction service provider. We provide peer services and care coordination for three to six months because we know that the longer people are engaged in a therapeutic relationship, the greater their chances for achieving sustained recovery.

Dayspring Foundation was formerly known as the Eleanor Health Foundation and was founded in May 2020. In the Summer 2023, we went through a rebrand that was more in line with our mission of healing, wellness, and equity.

### **Some of the ways Dayspring Foundation benefits the community**

- We are one of the only non-government entities specifically addressing the Social Determinants of Health around addiction recovery in North Carolina; we do so because we understand what helps build up recovery capital in individuals and communities. We are based out of Asheville and serve a broad swath of counties and towns in western North Carolina. Our strategic plan over the next five years is to expand into eastern Tennessee and southwestern Virginia.
- We help fill the gaps in services rather than duplicate them. We collaborate with other service providers to ensure as seamless as we can a continuum of care for individuals striving for recovery.
- We support the recovery spectrum – from prevention to harm reduction to treatment to peer support to recovery housing to interdependent and engaged living.
- Addiction and recovery are personal for us – we live out our own recovery stories every day and strive to be healthy caretakers walking alongside those who come to us, so we speak from a place of compassionate experience.
- We reduce barriers to services by addressing stigma at every level – from the personal to the institutional. We speak and act to normalize recovery.

***To learn more or how you can invest in our mission, please contact Niles Comer,  
Executive Director, at [niles@dayspringfdn.org](mailto:niles@dayspringfdn.org) or (540) 313-2204.***